


West Ashley Studio • Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
7:00							Closed on Sundays	
8:00								
9:00							9:00 - 10:00 Private Lessons	Seminars featuring Professor Nohelty
10:00							9:30 - 10:30 Adult Tai Chi	
11:00							10:15 - 11:15 White Belt Children	Tell a Friend what the Martial Arts have done for you!
12:00	12:00 - 4:00 Private Lessons	12:30 - 1:30 Adult Tai Chi	12:00 - 1:15 Open Adults White - Brown		12:00 Private Lesson	11:15 - 12:15 Kids Sparring (Yellow - Brown)		
1:00					12:30 - 1:45 Open Adults	12:30 - 1:30 Kids Kung Fu	Seminars with Masters Yao Li & Joshua Grant	
2:00		1:45 - 3:15 Private Lessons	1:30 - 3:45 Private Lessons	2:00 - 4:15 Private Lessons	2:00 - 4:30 Private Lessons	1:30 - 2:45 Adult Kung Fu		
3:00								Ask about Private Lessons
4:00		4:00 - 4:45 Lil' Dragons						
5:00	4:30 - 5:30 Orange - Brown Belt Children	5:00 Private Lessons	4:30 - 5:30 White & Yellow Belt Children	5:00 - 6:00 Blue - Brown Belt Children	5:00 - 6:00 Open Children		Fall & Spring Tournaments	
6:00	5:30 - 6:30 White & Yellow Belt Children	6:00 - 7:15 Purple - Brown Belt Adults	5:30 - 6:30 Orange - Purple Belt Children	6:00 - 6:50 Brown - Black Belt Adults	6:15 - 7:15 White - Brown Belt Adults			
7:00	6:00 - 6:50 Adult Conditioning & Sparring	6:50 - 8:00 White - Orange Belt Adults	6:00 - 7:00 Open Adults Conditioning	7:00 - 8:15 White - Green Belt Adults			Martial Arts Weekend Retreat at Santee State Park	
8:00	6:30 - 7:15 Lil' Dragons		6:30 Private Lessons					
	7:00 - 8:00 Tai Chi							
	7:30 - 9:00 Adult Kung Fu							