


# James Island Studio • Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
7:00							Closed on Sundays					
8:00												
9:00											9:00 - 9:50 Black Belt Class	Seminars featuring Professor Nohelty
10:00											10:00 - 10:50 Tai Chi	
11:00											11:00 - 11:50 Open Adult Karate	Tell a Friend what the Martial Arts have done for you!
12:00											12:00 - 12:50 Open Youth Karate	
1:00												Seminars with Masters Yao Li & Joshua Grant
2:00												
3:00	3:00 - 4:00 Private Lessons				3:00 - 6:00 Private Lessons		Ask about Private Lessons					
4:00		4:00 - 4:50 Youth Ages 4-7 yrs	4:00 - 4:50 Youth Purple & Up	4:00 - 4:50 Youth Ages 4-7 yrs								
5:00	5:00 - 5:50 Youth Purple & Up	5:00 - 5:50 Youth Ages 8-12 yrs	5:00 - 5:50 Youth Sparring	5:00 - 5:50 Youth Ages 8-12 yrs				Fall & Spring Tournaments				
6:00	6:00 - 6:50 Open Youth Karate	6:00 - 6:50 Advanced Adult Karate	6:00 - 6:50 Beginner Adult Karate	6:00 - 6:50 Tai Chi								
7:00	7:00 - 7:50 Beginner Adult Karate	7:00 - 7:50 Tai Chi		7:00 - 7:50 Advanced Adult Karate			Martial Arts Weekend Retreat at Santee State Park					
8:00				8:00 - 8:50 Adult Sparring								